


















 <p><b>a</b> Bite an imaginary apple</p>	 <p><b>b</b> Shoot arms up for ears and wiggle them</p>	 <p><b>c</b> Stroke whiskers across cheeks</p>	 <p><b>d</b> Flap elbows like a waddling duck.</p>
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 <p><b>e</b> Spread out hands behind ears and flap like elephant ears</p>	 <p><b>f</b> Hold and direct imaginary hose towards fire</p>	 <p><b>g</b> Mime holding tipped glass of grape juice in 'glug, glug' position</p>	 <p><b>h</b> Breathe on to hand in front of mouth. OR put on imaginary hat.</p>
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 <p><b>i</b> Touch fingers to thumb on the same hand as if sticky with ink and make an 'icky' face</p>	 <p><b>j</b> Juggle imaginary balls</p>	 <p><b>k</b> Lift one arm and one foot in a k-shape. If sitting, use arms only</p>	 <p><b>l</b> Touch finger tips above head to suggest Lucy's lampshade hat.</p>
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 <p><b>m</b> Rub tummy.</p>	 <p><b>n</b> Bang one fist on the other, as if hammering a nail.</p>	 <p><b>o</b> Form round-shapes with both mouth and hand and adopt a surprised look.</p>	 <p><b>p</b> Stroke down long imaginary ears.</p>
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 <p><b>q</b> Point index finger up as if ordering 'Quiet!', while saying 'qu...'</p>	 <p><b>r</b> Make a robot-like running movement with arms.</p>	 <p><b>s</b> Make snake movements with hand and arm.</p>	 <p><b>t</b> Lift arms horizontally at shoulder height in t-shape.</p>
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 <p><b>u</b> Hold up imaginary umbrella with one hand low and the other above the head.</p>	 <p><b>v</b> Hold hands together in v-shape.</p>	 <p><b>w</b> Flick both hands up and away as if splashing water, ending with arms in a w-shape</p>	 <p><b>x</b> Cross arms on chest in x-shape.</p>
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 <p><b>y</b> Move hand up and down as if controlling a yo-yo</p>	 <p><b>z</b> Tilt head and rest against hands to mime falling asleep</p>	<p><b>Long vowel action</b> Each Vowel Man punches the air with his right hand as he calls out his name enthusiastically.</p> 
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